

Emotional Milestones

AGE 0-1

Reciprocity, Nurture, and Attunement

Symbiosis

Regulation of State

Attachment

Differentiation

Object Permanence

Pointing, Labeling, and Social Referencing

AGE 1-2

Locomotion

Psychological Home Base

Transitional Objects

Language Bridge

Early Level Symbolic Play

Separation Issues

Ambivalence

AGE 2-3

Autonomy

“No” and “Mine”

Toileting

Body Integrity Issues

Parallel Play

Integration of Positive and Negative Affects

Object Constancy

AGE 3-4

“Why” Questions

Cause and Effect Relationship

Symbolic Play, Sequences, and Elaborate Play

Same and Different

Mastery

Monster Dreams

AGE 4-5

Peer Group

Cooperative Play and Dramatic Play

Identity Issues and Gender

Power vs. Powerlessness

Body Integrity

Birth, Death, and Injury

Fantasy vs. Reality

Koplow, L. (2002). *Creating schools that heal: Real-life solutions*. Teachers College Press: New York, NY.